COUNCIL POLICY
COMPLIANCE MONITORING FORM
~ EXECUTIVE REPORT ~

Policy Type: ENDS #4   **Page 1 of 1**

Policy Title: Mental Health/Mental Fitness   **Date: April 10, 2019**

I hereby present my monitoring report on your ENDS #4 policy to provide opportunities for staff to learn about mental health issues in children and youth and to promote school and District wide initiatives that promote mental fitness according to the schedule established. I certify that the information contained in this report is true, and represents compliance with all aspects of the policy unless specifically stated otherwise, since the policy was adopted on May 9, 2018.

Zoë Watson

Superintendent
April 10, 2019

I.   Interpretation:

This policy means that the district will work to provide opportunities for staff to learn about mental health issues in children and youth and to promote school and District wide initiatives that promote mental fitness.

II.   Evidence:

Attached is the ENDS #4 ASD-S Improvement Plan Status Report 2019, which lists the strategies that were adopted with the District Improvement Plan (DIP) and the outcomes achieved, those in progress and a statement about the overall "health" of the goals. The focus this year has been on professional learning of guidance staff, offering Mental Health First Aid and information on mental health to support staff. Three counselling lead teachers have been central to this work as well as the Healthy Learners Nurses, Subject Coordinator Jennifer Grant and Education Support Services Director Peter Smith. We continue to identify resources and supports for schools in this ever growing area. The promotion of "positive education" remains a priority as well as CAR (Competence, Autonomy and Relatedness).

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There are two components to the Council's assessment of a monitoring report:
  i.   Assessment of whether the Superintendent has made a **reasonable interpretation** of the Council's policy; and
  ii.   Assessment of whether the Superintendent actually has **demonstrated achievement** of a reasonable interpretation of the policy.